- 1. Eleven players per team (target number).
- 2. Full baseball rules.
- 3. No inning will begin after the game has been in progress for 1 hour and 50 minutes. Once inning begins, inning will be completed. The 7th inning is the <u>ONLY</u> open inning. Successive games will begin no later than 15 minutes after completion of the prior game, if after scheduled game time. Game will be considered to have begun at the actual start time or 15 minutes after the completion of the previous game, whichever is earlier.
- 4. All players must play six defensive outs per game.
- 5. Ten-run rule is in effect after 4 ½ or 5 innings.
- 6. No metal cleats.
- 7. No game will be played with less than eight players. When playing with only eight players, ninth position is an automatic out.
- 8. Coaches are allowed outside of the dugout but must stay directly in front of the dugout or along the fence behind the dugout while the game is in play. If the baseball, while in play, contacts a coach and/or his/her chair, or a player is in any way hindered or aided in retrieving the ball, the base runner will be awarded the extra base or the runner will be called out as is appropriate. All players and equipment must remain inside the dugout, except for the batter on deck.
- 9. Pitch Count:To start the season:65 pitchesAfter VP Midseason Date:85 Pitches
- 10. Coaches will keep pitch count of pitchers for both teams.

Rest required after pitching: 1-30 = no Rest 31-45 = 1 day rest 46-65 = 2 days rest 66+ = 3 days rest